

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Turkey & vegetable casserole with country style diced potatoes Cel	Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel	Boned & rolled roast Pork Cel , roast potatoes & farm house vegetables	Chicken & vegetable kebabs Cel & brown basmati rice	Cod, salmon & broccoli in a 3- cheese sauce Da Cel Fi So with baked potato
Dessert	Strawberry cream pots Da	Strawberry, honeydew melon & peach cocktail	Vanilla custard with sliced banana Da	Plum, watermelon & apricot cocktail	Apple sponge squares Eg Da Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & Pasta Provancale Ce Cel Grated Carrot	Turkey high fibre roll Da Se Ce Baton Carrots	Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad	Tuna & philly sandwiches Da So Ce Fi Tomato Wedges	Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber
Dessert	Apricot oat bar Da Ce	Natural yoghurt with blackcurrant puree Da	Carrot sponge Ce Eg Da	Banana Oat Cookie Da Ce	Natural yoghurt with chopped peach Da

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **C**rustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts,
Celery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)

Vegetarian WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chickpea & vegetable casserole with country style diced potatoes Cel	Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel	Roast high iron slice Cel Ce So , roast potatoes & farm house vegetables	Butterbean & vegetable kebabs Cel Ce & brown basmati rice	Haricot bean & broccoli in a 3-cheese sauce Da Cel So with baked potato
Dessert	Strawberry cream pots Da	Strawberry, honeydew melon & peach cocktail	Vanilla custard with sliced banana Da	Plum, watermelon & apricot cocktail	Apple sponge squares Eg Da Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & Pasta Provancale Cel Ce Grated Carrot	Grated cheese high fibre roll Da Se Ce Baton Carrots	Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad	Marmite & philly sandwiches Da So Ce Cel Tomato Wedges	Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber
Dessert	Apricot oat bar Da Ce	Natural yoghurt with blackcurrant puree Da	Carrot sponge Ce Eg Da	Banana Oat Cookie Da Ce	Natural yoghurt with chopped peach Da

Halal WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Turkey & vegetable casserole with country style diced potatoes Cel	Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel	Boned & rolled roast turkey Cel , roast potatoes & farm house vegetables	Chicken & vegetable kebabs Cel & brown basmati rice	Cod, salmon & broccoli in a 3-cheese sauce Da Cel Fi So with baked potato
Dessert	Strawberry cream pots Da	Strawberry, honeydew melon & peach cocktail	Vanilla custard with sliced banana Da	Plum, watermelon & apricot cocktail	Apple sponge squares Eg Da Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & Pasta Provancale Cel Ce Grated Carrot	Turkey high fibre roll Da Se Ce Baton Carrots	Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad	Tuna & philly sandwiches Da So Ce Fi Tomato Wedges	Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber
Dessert	Apricot oat bar Da Ce	Natural yoghurt with blackcurrant puree Da	Carrot sponge Ce Eg Da	Banana Oat Cookie Da Ce	Natural yoghurt with chopped peach Da

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Turkey & vegetables with swede & potato mash	Lentil & vegetable bolognaise with pasta twists Ce	Roast pork, roast potatoes with winter vegetables	Chicken & vegetables with basmati rice	Cod & broccoli in a cheese sauce with baked potato Fi Da
Fruit	Banana & Paw Paw Puree	Mango & Pear Puree	Honeydew Melon & Green Apple Puree	Red Apple & Mango Puree	Banana & Pear Puree
Tea	Tuna & vegetable bake Fi	Turkey & vegetable pie	Country vegetable medley	Pork & vegetable hot pot	Chicken & vegetable medley
Baby Menu					

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chickpeas & vegetables with swede & potato mash	Lentil & vegetable bolognaise with pasta twists Ce	High iron vegetable loaf, roast potatoes, baby carrots	Lentils in a tomato & vegetable sauce with basmati rice	Tofu & broccoli in a cheese sauce with baked potato Da So
Fruit	Banana & Paw Paw Puree	Mango & Pear Puree	Honeydew Melon & Green Apple Puree	Red Apple & Mango Puree	Banana & Pear Puree
Tea	Butterbean & vegetable bake	Golden vegetable pie	Country vegetable medley	Chickpea & vegetable hot pot	Haricot bean & vegetable medley
Baby Veg Menu					

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Swede Puree	Sweet Potato Puree	Butternut Squash Puree	Broccoli Puree	Carrot Puree
Fruit	Paw Paw Puree	Pear Puree	Green Apple Puree	Mango Puree	Banana Puree
Tea	Parsnip Puree	Carrot Puree	Cauliflower Puree	Sweet Potato Puree	Butternut Squash Puree

Early Weaner Menu

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Puree	Cod, Carrot & Swede Fi	Chicken, Spinach & Sweet Potato	Turkey, Butternut squash and Parsnip	Cod, Broccoli & Cauliflower Fi	Chicken, Carrot & Sweet Potato
Veg Puree	Carrot & Swede	Spinach & Sweet Potato	Butternut Squash Puree & Parsnip	Broccoli & Cauliflower	Carrot & Sweet Potato
Tea	Parsnip & cauliflower puree	Carrot & Broccoli puree	Cauliflower & Swede puree	Sweet Potato & Parsnip puree	Butternut Squash & Broccoli puree
Dessert	Banana & Paw Paw Puree	Pear & Mango Puree	Honeydew Melon & Green Apple Puree	Red Apple & Mango Puree	Pear & Banana Puree

Vegetable & Meat Weaning Menu

Summer Menu WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Turkey & vegetables with swede & potato mash	Lentil & vegetable bolognaise with pasta Ce	Roast pork, roast potatoes & winter vegetables	Chicken & vegetables with rice	Cod & broccoli in a cheese sauce with baked potato Da Fi
Dessert	Banana & vanilla cream Da	Honeydew melon & peach cocktail	Vanilla custard with sliced banana Da	Apricot & watermelon cocktail	Apple sponge squares Da Ce Eg
Tea	Tuna & vegetable bake Fi	Turkey and vegetable pie	Country vegetable medley	Pork & vegetable hot pot	Chicken & vegetable medley
Dessert	Natural yoghurt with paw paw puree Da	Natural yoghurt with pear puree Da	Natural yoghurt with apple puree Da	Natural yoghurt with mango puree Da	Natural yoghurt with banana puree Da

Big Baby Menu

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **C**rustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts, **C**elery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)