

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced pork sage & onion slice with penne pasta in a tomato & secret vegetable garlic sauce Ce Cel	Chicken & broccoli in a 3-cheese sauce with baked potato Da	Tuna & Mackerel provencale with brown & white basmati rice Cel Fi	Boned & rolled roast chicken, roast potatoes & farmhouse vegetables Cel Ce	Beef & vegetable bolognese with wholemeal pasta twists Cel Ce
Dessert	Banana & vanilla cream pots Da	Honeydew melon, apricot & plum cocktail	Natural yoghurt with peach & banana Da	Watermelon, pineapple & strawberry cocktail	Raspberry sponge Da Eg Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tuna & vegan mayo filled soft white roll Ce, So, Fi Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato Ce Da	Pitta pizzas Ce So Da , Sweetcorn & diced cucumber	Turkey & philly sandwiches Da So Ce , Carrot Sticks	Homemade baked beans Cel with a cheese scone Da Cel Ce Eg
Dessert	Natural yoghurt with chopped apricots Da	Blueberry Muffin Da Eg Ce	Apple & cinnamon wheels Da Ce	Cherry oat bar Da Ce	Oaty fruity biscuit Da Ce

Vegetarian WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spinach, lentil, sage and onion slice with penne pasta in a tomato & secret vegetable garlic sauce Ce Cel	Chickpeas & broccoli in a 3-cheese sauce with baked potato Da	Butterbean provencale with brown & white basmati rice Cel	High iron vegetable loaf, roast potatoes & farmhouse vegetables Cel Ce	Lentil & vegetable bolognese with wholemeal pasta twists Cel Ce
Dessert	Banana & vanilla cream pots Da	Honeydew melon, apricot & plum cocktail	Natural yoghurt with peach & banana Da	Watermelon, pineapple & strawberry cocktail	Raspberry sponge Da Eg Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Cheese & cucumber filled white roll Ce Se Da Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato Ce Da	Pitta pizzas Ce So Da , Sweetcorn & diced cucumber	Marmite & philly sandwiches Da So Cel, Ce Carrot Sticks	Homemade baked beans Cel with a cheese scone Da Cel Ce Eg
Dessert	Natural yoghurt with chopped apricots Da	Blueberry Muffin Da Eg Ce	Apple & cinnamon wheels Da Ce	Cherry oat bar Da Ce	Oaty fruity biscuit Da Ce

Halal WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced turkey sage & onion slice with penne pasta in a tomato & secret vegetable garlic sauce Ce Cel	Chicken & broccoli in a 3-cheese sauce with baked potato Da	Tuna & Mackerel provencale with brown & white basmati rice Cel Fi	Boned & rolled roast chicken, roast potatoes & farmhouse vegetables Cel Ce	Lentil & vegetable bolognese with wholemeal pasta twists Cel Ce
Dessert	Banana & vanilla cream pots Da	Honeydew melon, apricot & plum cocktail	Natural yoghurt with peach & banana Da	Watermelon, pineapple & strawberry cocktail	Raspberry sponge Da Eg Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tuna & vegan mayo filled soft white roll Ce, So, Fi Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato Ce Da	Pitta pizzas Ce So Da , Sweetcorn & diced cucumber	Turkey & philly sandwiches Da So Ce , Carrot Sticks	Homemade baked beans Cel with a cheese scone Da Cel Ce Eg
Dessert	Natural yoghurt with chopped apricots Da	Blueberry Muffin Da Eg Ce	Apple & cinnamon wheels Da Ce	Cherry oat bar Da Ce	Oaty fruity biscuit Da Ce

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Pork & vegetables in a tomato sauce with penne pasta Ce	Chicken & broccoli in a cheese sauce with baked potato Da	Tuna & sweet potato bake with basmati rice Fi	Roast chicken with roast potatoes & farmhouse vegetables	Beef & vegetable bolognese with fusilli pasta Ce
Fruit	Banana & Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree
Tea	Country vegetable bake	Pork & vegetable medley	Macaroni & vegetable cheese Da Ce	Tuna & vegetable medley Fi	Cod & vegetable hot pot Fi
Baby Menu					

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Butterbeans & vegetables in a tomato sauce with penne pasta Ce	Broccoli & cauliflower in a cheese sauce with baked potato Da	Chickpeas & vegetables with basmati rice	Parsnip & golden vegetables with roast potatoes	Lentil & vegetable bolognese with fusilli pasta Ce
Fruit	Banana & Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree
Tea	Country vegetable bake	Tofu & vegetable medley So	Macaroni & vegetable cheese Da Ce	Couscous with golden vegetables Ce	Butterbean & vegetable hot pot

Baby Veg Menu

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Swede Puree	Sweet Potato Puree	Carrot Puree	Cauliflower Puree	Broccoli Puree
Fruit	Banana Puree	Paw Paw Puree	Mango Puree	Apple Puree	Pear Puree
Tea	Parsnip Puree	Broccoli Puree	Parsnip Puree	Swede Puree	Sweet Potato Puree

Early Weaner Menu

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Puree	Cod, Cauliflower, & Swede Fi	Chicken, Spinach & Sweet Potato	Turkey, butternut Squash & Carrot	Cod, Spinach & Cauliflower Fi	Chicken, Broccoli & Carrot
Veg Puree	Cauliflower & Swede	Spinach & Sweet Potato	Butternut Squash Puree & Carrot	Spinach & Cauliflower	Broccoli & Carrot
Tea	Parsnip & butternut Squash puree	Potato & Broccoli Puree	Cauliflower & Parsnip Puree	Swede & Butternut Squash Puree	Sweet Potato & Parsnip Puree
Dessert	Banana & Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree

Vegetable & Meat Weaning Menu

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Pork & vegetables in a tomato sauce with penne pasta Ce	Chicken & broccoli in a cheese sauce with baked potato Da	Tuna & sweet vegetable bake with basmati rice Fi	Roast chicken with roast potatoes & farmhouse vegetables	Beef & vegetable bolognese with pasta Ce
Dessert	Banana & vanilla cream pot Da	Honeydew melon & apricot cocktail	Natural yoghurt with peach & banana Da	Watermelon & pineapple cocktail	Vanilla Sponge Da Eg So Ce
Tea	Country vegetable bake	Pork & vegetable medley	Macaroni & vegetable cheese Da Ce	Tuna & vegetable medley Fi	Cod & vegetable Hot Pot Fi
Dessert	Natural yoghurt with pureed pear Da	Natural yoghurt with pureed apple Da	Honeydew melon & peach cocktail	Natural yoghurt with pureed banana Da	Natural yoghurt with pureed mango Da

Big Baby Menu