

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Beef and bean chilli with basmati rice Cel	Turkey a la king with baked potato Cel, Da	Thai lentil curry with wholegrain basmati rice Da	Spanish pork with wholemeal pasta twists Ce, Cel	Roast turkey breast Cel , roast potatoes and farmhouse vegetables
Dessert	Natural Yoghurt with raspberry puree Da	Honeydew melon, apricot and strawberry cocktail	Watermelon, peach and nectarine cocktail	Chilled Chocolate Pot Da, Ce, So	Blueberry and vanilla sponge Da, Eg, Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Cream cheese high fibre roll Da, Se, Ce Tomato wedges	Pizza ships Da, Ce , carrot sticks with hummus dip Da	Lamb, tomato & vegetable pasta bows Ce, Cel Grated Carrot	Fill your own pita with grated cheese & sliced tomato Da, Se, Ce Baton Cucumber	Tuna & marmite Sandwiches Da, So, Fi, Cel, Ce Sweetcorn & diced pepper salad
Dessert	Courgette & Carrot Slice Eg, Da, Ce	Sultana Bar Da, Ce	Banana Loaf Da, Eg, Ce	Oat Thins Ce, Da	Natural Yoghurt with Mango Da

Vegetarian WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lentil and bean chilli with basmati rice Cel Ce	Butterbean a la king with baked potato Cel Da Eg	Thai lentil curry with basmati rice Ce Da	Spanish chickpeas with pasta twists Cel Ce	Roast soya slice, roast potatoes and farmhouse vegetables Cel So
Dessert	Natural Yoghurt with raspberry puree Da	Honeydew melon, apricot and strawberry cocktail	Watermelon, peach and nectarine cocktail	Chilled Chocolate Pot Da, Ce, So	Blueberry and vanilla sponge Da, Eg, Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Cream cheese high fibre roll Da, Se, Ce Tomato wedges	Pizza ships Da, Ce , carrot sticks with hummus dip Da	Tomato & vegetable pasta bows Ce, Cel Grated Carrot	Fill your own pita with grated cheese & sliced tomato Da, Se, Ce Baton Cucumber	Marmite & cheese sandwiches Da So Cel Ce Sweetcorn & diced pepper salad
Dessert	Courgette & Carrot Slice Eg, Da, Ce	Sultana Bar Da, Ce	Banana Loaf Da, Eg, Ce	Oat Thins Ce, Da	Natural Yoghurt with Mango Da

Halal WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lamb and bean chilli with basmati rice Cel	Turkey a la king with baked potato Cel, Da	Thai lentil curry with wholegrain basmati rice Da	Spanish chickpeas with pasta twists Cel Ce	Roast turkey breast Cel , roast potatoes and farmhouse vegetables
Dessert	Natural Yoghurt with raspberry puree Da	Honeydew melon, apricot and strawberry cocktail	Watermelon, peach and nectarine cocktail	Chilled Chocolate Pot Da, Ce, So	Blueberry and vanilla sponge Da, Eg, Ce
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Cream cheese high fibre roll Da, Se, Ce Tomato wedges	Pizza ships Da, Ce , carrot sticks with hummus dip Da	Lamb, tomato & vegetable pasta bows Ce, Cel Grated Carrot	Fill your own pita with grated cheese & sliced tomato Da, Se, Ce Baton Cucumber	Marmite & cheese sandwiches Da So Cel Ce Sweetcorn & diced pepper salad
Dessert	Courgette & Carrot Slice Eg, Da, Ce	Sultana Bar Da, Ce	Banana Loaf Da, Eg, Ce	Oat Thins Ce, Da	Natural Yoghurt with Mango Da

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced beef with golden vegetables and basmati rice	Turkey and vegetable casserole with potato	Chicken and vegetables with basmati rice	Fruity pork with pasta twists Ce	Roast turkey, potatoes and green beans
Fruit	Banana and Pear Puree	Red Apple and Paw paw Puree	Galia Melon and Mango Puree	Green Apple and Pear Puree	Paw paw and Banana Puree
Tea	Macaroni cheese Ce Da	Beef and vegetable medley	Turkey and vegetable pie	Chicken vegetable hot pot	Vegetable and pork pasta bake Ce

Baby Menu

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lentils with golden vegetables and basmati rice	Vegetable medley with potato	Haricot beans and vegetables with basmati rice	Fruity butterbeans with pasta twists Ce	High iron vegetable loaf with potatoes and green beans
Fruit	Banana and Pear Puree	Red Apple and Paw paw Puree	Galia Melon and Mango Puree	Green Apple and Pear Puree	Paw paw and Banana Puree
Tea	Macaroni cheese Ce Da	Chick pea and vegetable hotpot	Butterbean & vegetable pie	Spinach and lentil vegetable medley	Golden vegetable bake

Baby Veg Menu

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Cauliflower Puree	Sweet Potato Pure	Butternut Squash Puree	Cauliflower Puree	Parsnip Puree
Fruit	Banana Puree	Red Apple Puree	Mango Puree	Pear Puree	Paw paw Puree
Tea	Parsnip Puree	Carrot Puree	Broccoli Puree	Swede Puree	Butternut Squash Puree
Early Weaner Menu					

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Puree	Cod, Cauliflower and Swede Fi	Chicken, Broccoli, and Sweet Potato	Turkey, butternut Squash and Parsnip	Cod, Broccoli, and Cauliflower Fi	Chicken, Parsnip and Sweet Potato
Veg Puree	Cauliflower and Swede	Broccoli, and Sweet Potato	Butternut Squash Puree and Parsnip	Broccoli and Cauliflower	Parsnip and Sweet Potato
Tea	Carrot and Parsnip puree	Carrot and Cauliflower puree	Carrot and Broccoli puree	Swede and Potato puree	Butternut Squash and Cauliflower puree
Dessert	Banana and Pear Puree	Red Apple and Paw paw Puree	Galia Melon and Mango Puree	Green Apple and Pear Puree	Banana and Paw paw Puree

Vegetable & Meat Weaning Menu

Summer Menu WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced beef with golden vegetables with rice	Turkey and vegetable casserole with potato	Chicken and vegetables with basmati rice	Fruity pork with pasta twists Ce	Roast turkey, roast potatoes & green beans
Dessert	Natural yoghurt with raspberry puree Da	Honeydew melon and apricot cocktail	Watermelon and peach cocktail	Chilled Vanilla Pot Da, Ce	Blueberry & vanilla sponge Da Eg Ce
Tea	Macaroni cheese Da Ce	Beef and vegetable medley	Turkey and vegetable pie	Chicken vegetable hot pot	Vegetable and pork pasta bake Ce
Dessert	Natural yoghurt with pear puree Da	Natural yoghurt with paw paw puree Da	Natural yoghurt with mango puree Da	Natural yoghurt with apple puree Da	Natural yoghurt with banana puree Da

Big Baby Menu

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **C**rustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts, **C**elery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)